



## **UPF Webinar 7.16.20- Resource List and Q&A**

### **Starting Out – professional consultant to pick the right options for my family**

- Kouthar - <https://www.summiteducationalservice.com/contact>
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### **Films with Muslim Themes, Characters, and Storylines – Grades - 7-12**

- Upf.tv/films – all films available on Prime Video from Amazon, extensive lesson plans available on upf.tv/enrichment

## **Homeschool Resources List Provided by Summit Educational Service – Kouthar Muttardy**

To contact Kouthar's company please visit:

<https://www.summiteducatorialservice.com/contact>

### **Methods & Approaches:**

- **Classical Education:**
  - The goal of the classical homeschool technique is to teach people how to learn for themselves. *The five tools of learning*, known as the Trivium, are Reason, Record, Research, Relate and Rhetoric.
  - Younger children begin with the preparing stage, where they learn the three R's. The grammar stage is next, which emphasizes compositions and collections, and then the dialectic stage, where serious reading, study, and research take place.
  - **Great Books:** books that are seen as constituting an essential foundation in the literature of Western culture. Specified sets of great books typically range from 100 to 150
  - The book the **Well-Trained Mind** is based on a classical western education: "*The Well-Trained Mind* will instruct you, step by step, on how to give your child an academically rigorous, comprehensive education from preschool through high school—one that will train him or her to read, to think, to *understand*, to be well-rounded and curious about learning."
- **Charlotte Mason:**
  - Charlotte Mason's goal was to bring out well-rounded, intelligent children who had a love for learning and an insatiable curiosity about the world.
  - According to Charlotte Mason, children should be given time to play, create, and be involved in real-life situations from which they can learn.
  - Students of the Charlotte Mason method take nature walks, visit art museums, and learn geography, history, and literature from "living books." (*Books that make these subjects come alive*).

- History studies utilized living books and biographies of important people.
- Montessori:
  - The Montessori method emphasizes “*errorless learning*” where the children learn at their own pace and in that way develop their full potential. The Montessori homeschool approach emphasizes beauty and quality and avoids things that are confusing or cluttered.
  - According to Montessori homeschool philosophy, children should be allowed as much unscheduled time as possible in order for them to learn to manage their own time. Children are also encouraged to select their own learning materials and to learn at their own pace, believing that children will be drawn to what they need.
  - Montessori families often set learning centers in their home: practical life area, sensorial area, math area, language area, cultural area, music area, art area
  - Discourages televisions and computers, especially for younger children.
- Waldorf:
  - Waldorf education is based on the work of Rudolf Steiner and stresses the importance of educating the whole child- body, mind, and spirit. In the early grades, there is an emphasis on arts and crafts, music and movement, and nature. Older children are taught to develop self-awareness and how to reason things out for themselves. Children in a Waldorf homeschool do not use standard textbooks; instead, the children create their own books.
  - discourages the use of televisions and computers because they believe that computers are bad for the child’s health and creativity.
- Unschooling:
  - Also known as natural, interest-led, and child-led learning.
  - Unschoolers learn from everyday life experiences and do not use school schedules or formal lessons. Instead, unschooled children follow their interests and learn in much the same way as adults do-by pursuing an interest or curiosity.
  - Unschoolers embrace that freedom and believe strongly that learning happens naturally and effortlessly and they trust in their child’s ability to direct their own learning. Many unschooled children establish goals for themselves and work with their parents to set up a schedule that will help them achieve that goal.
- Unit Study Method:

- The idea is that you choose a topic and surround your curriculum for a period of several weeks with that topic.
- Your core topic could be anything in the history, science, geography, or even character topics.
- Traditional School Method:
  - School at home model: subject & textbook approach
  - Each study area is separate from the others rather than integrated.
  - Homeschoolers who utilize this method usually do so through online schools or boxed curricula
- Eclectic Approach:
  - Utilizes some combination of the above methods
  - Most homeschool families fall into this category, finding different approaches in order to fit the needs of the diverse learners in their homes.
- Classical Islamic Education:
  - Syed Muhammad al-Naquib al-Attas said that the comprehensive and integrated approach to education in Islam is directed toward the "balanced growth of the total personality...through training Man's spirit, intellect, rational self, feelings and bodily senses...such that faith is infused into the whole of his personality"
  - Objective is to foster the development of the complete human being through:
    - § Ta'lim: from the root *'alima* (to know, to be aware, to perceive, to learn), which is used to denote knowledge being sought or imparted through instruction and teaching.
    - § Tarbiyah: from the root *raba* (to increase, to grow, to rear), implies a state of spiritual and ethical nurturing in accordance with the will of God.
    - § Ta'dīb: from the root *aduba* (to be cultured, refined, well-mannered), suggests a person's development of sound social behavior.
  - "Education in Islam is twofold: acquiring intellectual knowledge (through the application of reason and logic) and developing spiritual knowledge (derived from divine revelation and spiritual experience). According to the worldview of Islam, provision in education must be made equally for both. Acquiring knowledge in Islam is not intended as an end but as a means to stimulate a more elevated moral and spiritual consciousness, leading to faith and righteous action." (Dr. Chike Akua)

- Centered on Quranic studies, fundamental religious practices (ritual ablution, fasting, and praying), and stories from the Quran & Sunnah
- Students progress through stages: memorization, analysis, rhetoric/writing

**Turnkey Virtual Schools:**

• **K12:**

- Public and private school option depending on state
- Mastery based and self-paced
- Parent is the learning Coach and student progress is monitored by assigned online certified teacher
- Provide live online tutoring, counseling services, online clubs, college and career workshops, online summer camps

• **Laurel Springs:**

- Accredited Online School
- Courses are delivered asynchronously so students can access lessons at any time
  - § Grades 1-3 < 1-2 hours of school work per day
  - § Grades 4-5 ~ 2-4 hours of school work per day
  - § Grades 6-8 ~ 3-5 hours of school work per day
  - § High school study time depends on course load
- Learning Management System for teacher support and record keeping
- Student Services include academic counseling
- Online Clubs, Virtual Field Trips, Private Social Network

• **Study.com:**

- Full academic curriculum for grades 3–12 and beyond for monthly subscription
- Engaging instruction for multiple learning styles

- Study scheduling helps students stay on course for success
- Automatic grading easily tracks progress
- Access to expert instructors, available 24/7
- Mobile app enables students to learn anytime, anywhere
- College credit available with the College Accelerator option
- IXL:
  - Self-paced classes for K-12 students in module format
- Legacy Online High School:
  - Integrated Islamic curriculum, live instruction, flexible schedule
  - Provides a rigorous, empathy based, spiritually infused, college preparatory curriculum taught by highly qualified teachers.

**Subject Based Programs:**

- Math:
  - Saxon Math (K-Calculus): 100% Self-guided
  - Singapore Math (1-12): Mental math & problem solving methods
  - Right Start Math (K-8): Book + Manipulative Bundles, favors Charlotte Mason
  - Art of Problem Solving (6-12): Challenging/Gifted learning
  - Math-U-See: Hands on learning
  - Life of Fred: Math application books read like literature, supplemental
- Language Arts:
  - All About Reading & All About Spelling
  - BOB Books
  - Write Source

- Institute for Excellence in Writing (IEW)
- Wordly Wise
- Handwriting Without Tears

**Boxed Curriculum:**

• **Oak Meadow:**

- One of the best in boxed curriculum, students can enroll in their accredited distance learning program that provides 1-2-1 teacher support or purchase grade level curriculum.
- Independent Homeschool families can pay for consultation services that include support, K-4 portfolio evaluation program, teacher tutoring.
- Holistic approach that emphasizes experiential learning, problem solving, artistic and communication skills, and stewardship.
- Can purchase individual books/subjects from their online bookstore as well

• **Calvert Homeschool:**

- **Grades K-2 (Print):** Provide full-grade kits with pacing guides, step-by-step lesson plans, digital resources, and manipulatives or individual subjects.
- **Grades 3-12 (Online):** Interactive online lessons, automatic grading, monthly payments

• **Timberdoodle:**

- Sell individual books or full secular or Christian curricula by grade
- Shop by subject or by grade
- Full kits include core subject books, art supplies, thinking games, & projects

• **Abeka (Christian or Secular):**

- Grade level sets include everything a child needs from texts to materials
- Includes weekly lesson plans for all subjects & enrichment ideas
- Online content also available

## Ala Carte Subjects & Classes:

- Outschool:
  - LIVE online classes and camps: interactive, interest based, affordable
  - Core subjects, arts, life skills, music, STEM, world languages, fun classes
- Khan Academy:
  - 100% free classes K-12
  - Core subjects, test prep, life skills
  - Self-paced
- cK-12:
  - Free self-paced classes for K-12 students in core subject areas
- PBS Learning Media:
  - Fantastic free classes and lesson plans for kids in Pre-K-12 in all subject areas
- Time 4 Learning:
  - Offers each child their own self-paced learning path, with animated lessons, interactive activities, unit assessments, and integrated printable worksheets for reinforcement.
  - You can register for all core subjects or just a few classes through a monthly subscription fee
  - Online art program and social network for high school kids
- Online G3:
  - Classes for gifted learners
  - Features LIVE webinars, interactive platform, gradeless classrooms,
- Acellus Academy:
  - Monthly or annual fee for 1-6 classes (over 250 courses)
  - Writing Tutor: automated feedback on grammar, spelling, vocabulary, and writing style as student writes



- Middlebury Language School: Live language classes
- Conjuguemos: offers some free vocabulary, grammar, and listening activities in Spanish, French, Italian, German, Portuguese, Korean, and Latin for students at all levels.
- Rosetta Stone: Subscription based language learning
- Saxon Math & Grammar: textbooks designed for independent learning
- The Great Courses: High school and college level courses, pay by course or monthly subscription, CD/DVD/Digital

#### Enrichment & Resources:

- Instructables: Free DIY project how-to
- BrainPop: Subscription-based instructional videos
- Crayola: craft ideas
- Go Noodle: free online resource that provides tons of ways for kids and families to be active, stay mindful, have fun, and learn
- Scratch: A free website designed by educators at MIT that's chock-full of dozens of coding and interactive projects.
- HippoCampus: 7,000 free videos across 13 subjects for middle school aged kids & older
- Kids Discover: Online lesson plans, infographics, interactives and non-fiction science and social studies print magazines
- Time For Kids: Subscription Magazines
- National Geographic Kids: Educational videos, games, resources, & activities
- Scholastic: Books, lesson plans, teaching texts, workbooks
- The Weather Channel: Science based instructional & experiment videos
- Fun Brain: Math, reading, online books, and learning games
- Teachers Pay Teachers: Teacher created lessons, units, resources
- Skill Share: Unlimited creative classes for a relatively low monthly fee.
- TypingClub: free typing games and activities

- CreativeBug: unlimited access to thousands of arts & crafts classes for monthly fee
- The Classical Historian: teaches students to think independently, make decisions, read, write, and speak effectively, AND learn history. Uses Socratic Method

#### Early Childhood Programs:

- Kinedu: library of 1,800 easy-to-follow videos designed for kids up to 4 years old is completely free.
- ABC Mouse: online learning for ages 2-8 in reading, math, science, & art for monthly subscription
- Reading Eggs: Online reading program for children ages 2-13
- Sesame Street
- Starfall: learning games and activities for kids in pre-K through grade 3, covering math, reading, writing, and music, plus seasonal options.

#### Thematic Units:

- Layers of Learning:
  - Integrated studies
- MANY ideas available on homeschool blogs

#### Quran, Islam, Arabic Instruction:

- LumiTutor: Individual Quran tutoring
- SunnahKids: Islamic online classes
- alifarabic.com: 1-on-1 Arabic & Quran classes
- studioarabiya.com: Arabic & Quran classes

- **Noor Art: Arabic & Islamic Studies Curricula and textbooks**
- **IQRA International Educational Foundation: Curricula & textbooks**
- **Yaqeen Institute: Articles, lessons, curriculum, discussion guides**
- **Madina Institute: Full & Part time Islamic studies for ages 16+ online or in-person**
- **SWISS: Suhaib Webb - Teen classes & programs for a monthly subscription fee**
- **Seeker's Guidance & Seeker's Hub: Online classes, curricula**
- **Seminaries:**
  - **Qalam Seminary: 1-year program in Houston**
  - **Ribaat Academic Institute: Online women's program for ages 17+**
  - **Tayseer Seminary: Full-time, 1-year program**

**Parent Support & Enrichment:**

- **Homeschool.com**
- **Home School Legal Defense Association (HSLDA)**
- **The Homeschool Mom**
- **The Organization of Virginia Homeschoolers**
- **Home Educator's Association of Virginia (HEAV)**
- **Coalition for Responsible Home Education**
- **Edutopia: Articles and professional development for teachers**

---- END OF SUMMIT EDUCATIONAL SERVICES RESOURCE LIST ----

OTHER RESOURCES

**Virtual Schools Turnkey/OutoftheBox – state certified teachers**

- [k12.com](http://k12.com)
- Calverthomeschool.com – can do individual subjects or complete curriculum k-12.
- Study.com

### **Academic Classes (Per Class or Full Curriculum)**

- <http://www.welltrainedmind.org> – gives you a grade, Grades 6-12
- Great Courses, does not give a grade
- Johns Hopkins University Center for Talented Youth Grades 3-12
- Khan Academy – does not give grades
- IXL.com
- Online G3
- local community classes, adult learning programs through local colleges

### **Educational Games & Apps**

- Education.com
- math attacks.
- typingclub.com
- Teach your monster to read
- Reading Eggs and Math Seeds

### **Enrichment Classes in Art, Math, Science, Music, Study Skills, Sports**

- Outschool.com
- ed2go.com (offered through local continuing ed, adult education program)
- udemy
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### **Q&A**

Q:For those wanting to start homeschooling, how do they do that? the content online on how to start can be confusing

Zaiba: hopefully this webinar helped, try to reach out to some local homeschool groups or parents and get some general ideas.

Q: What was the website that Aalaa mentioned for printout worksheets

Teacherspayteachers.com

Q: How do you gauge the maturity of a child to know whether they are ready for online learning or home schooling?

Q: Do you mind repeating the resources Zaiba mentioned for history and English?

Zaiba: Online G3 for history

Zaiba: For English- Online G3 (Lightening Literature course) Well trained Mind Academy High School Grammar course, Johns Hopkins CTY English Composition. This was also one of the subjects, I love teaching so for younger years and even high school, I created the curriculum and incorporated Vocab, writing, reading comprehension resources that I personally enjoyed.

*Zaiba: While these are the ones I used I would be hesitant to recommend a one size fits all curriculum for families. Both Koutar and I do homeschool consulting and that's because each child even within a family unit has different learning styles and needs and some curriculum may not work for them.*

Q: I didn't catch the first resource Zaiba mentioned

Zaiba: Not sure can you check the recording?

Q: what do you say about co ops are they reliable

Zaiba: it depends, I usually don't do this because of my work schedule, however get some parents recommendations from parents you are using them

Q: How do you manage grade level testing and assessment of the material taught?

Zaiba: Because every year I thought I'd put them back in islamic school, I used standardized testing like (Stanford or IOWA testing) that the Islamic school was also using. I hired a proctor to come to the home and administer it. Once the kids got into high school I just used the ACT/SAT for end of year eval. My personal feeling is there is a tremendous advantage if you can score high on your standarize test so this

was way to build in test prep into my homeschool curriculum. It also helps schools/colleges equalize grades.

Q: Do they have any resources to help new parents with homeschooling or resources to help parents choose whether or not to do homeschooling?

Zaiba: Speak to local homeschool moms, and read some of the online forums. Take everything with a grain of salt and make a decision that works for your family. You can always your mind even in a semester.

Q: Do you have suggestions for elementary kids with SPD or other special needs with how to go along with the pre-K/kg curriculum at home

Zaiba: focus on reading and play. If there is specific therapy needed then address those needs professionally.

Q: What options are there for learning Arabic separate from Islamic studies and Qur'an? Is a program like Kalimah ([www.KalimahPrograms.org](http://www.KalimahPrograms.org)) good for Arabic language instruction?

Zaiba: Secular arabic can be from Mango Languages, Studio Arabia Alif Arabic, Johns Hopkins CTY.

Q: Is homeschooling on par with state standards and do students graduate with the same skills as public schools students?

Zaiba: Homeschoolers statistically outperform their counterparts. They have better time management and stronger desire to learn. Socially they usually are better able to adapt and interact because they are often in mixed age classes or have more adult interactions and experiential learning opportunities than regular brick and mortar students.

Q: Can I please know sign language vendor ?

Zaiba: ed2go.com (from Butler Tech)

Q: is out school is good for core subjects like algebra for high schoolers. If not, what is?

Outschool can be good for core subjects with the right teacher. I would join their Facebook group and ask for reviews if you are considering a specific class. I have done English writing classes for my teens and they were very effective with great teachers. I used them as core ELA courses.

Q: Zaiba mentioned a vendor for American Sign Language - would like to know. Or any other books or classes for someone who is well versed with ASL words and alphabets needs help with forming sentences ..

Zaiba: ed2go (Form Butler Tech adult education drop down menu). My son only did ASL 1 but there are more levels.

Q: virtual islamic classes

Zaiba: we've used Merium Khan's classes recently for 30th Juz class for my daughter (<https://themuslimeducator.thinkific.com>) , boys had her years ago as a private teacher when she lived close by.

High School level even Bayyinah, Qalam, Zaytuna are offering online short term classes.

SWISS also has classes. We recently did essentials of faith and my teens enjoyed it very much.